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Female Bodybuilder Britt Olsen Showing Off The Sexy Side Of Bodybuilding

 Fred  12:10 PM

 [Britt Olsen](#),

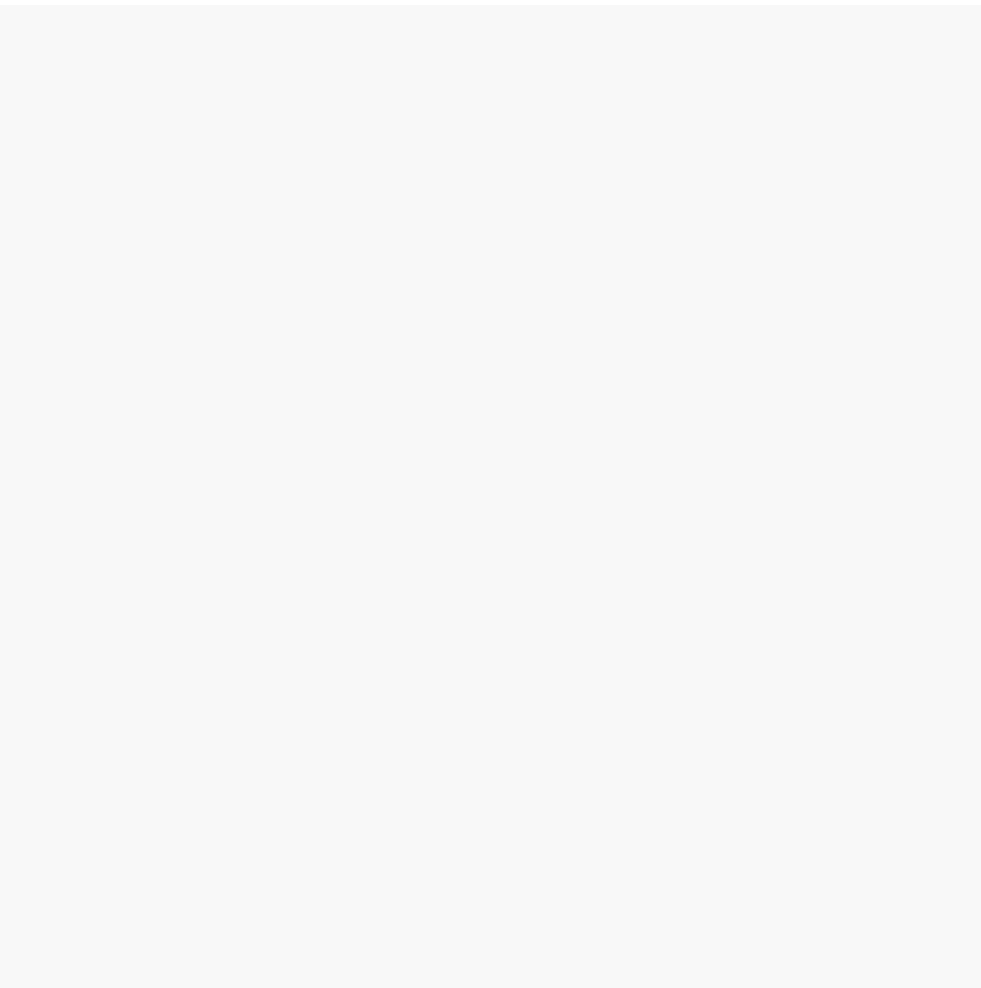
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Most bodybuilding chicks get way too muscular for my liking. Britt Olsen is proving you can be a bodybuilder and a hot chick.

She has a superb selfie game to top it all off and that's the only thing on the internet that happens.

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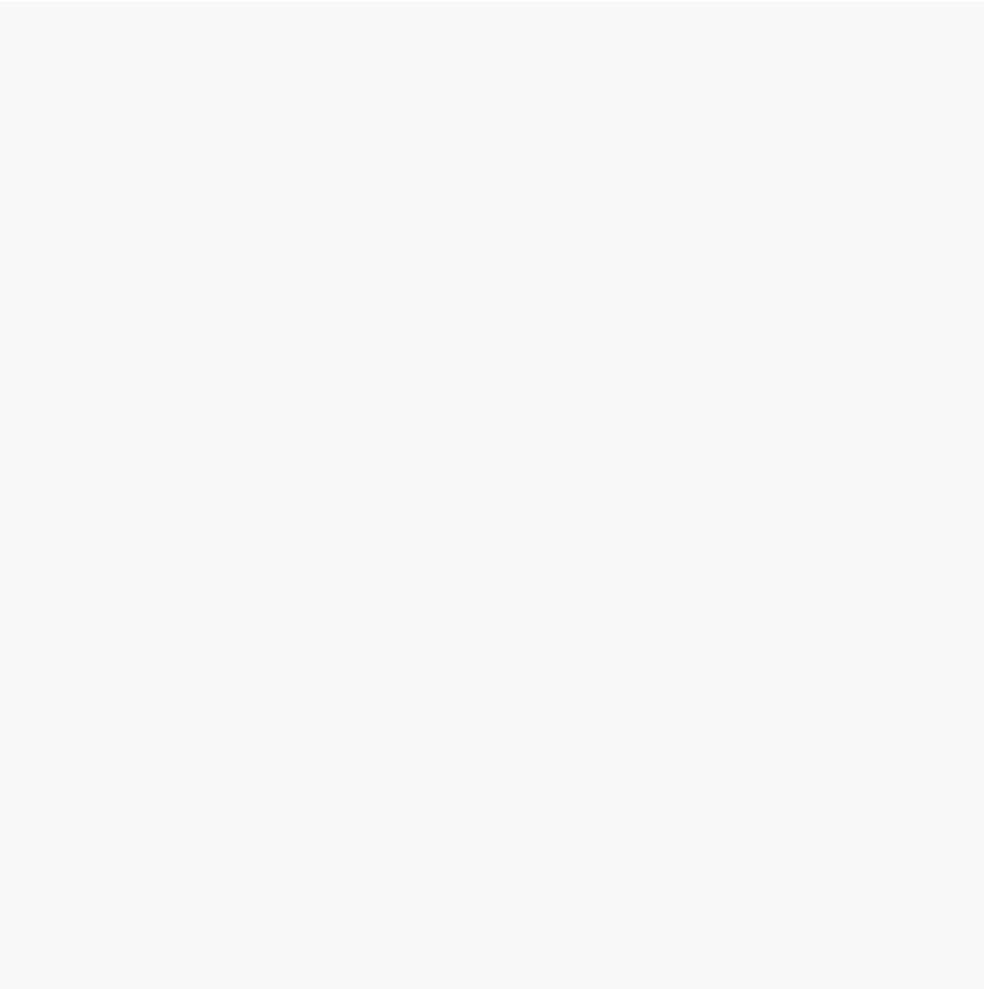


Today's shape. This is the leanest I'll get this year which I'm pretty satisfied about. I haven't been doing that much cardio during my diet this time, just a couple of nutrition adjustments © Have a lovely Saturday!! #diet #fitness #gym #workout #danish #denmark

*A photo posted by B R I T T O L S E N (@miss\_olsen87) on May 14, 2016 at 7:18am PDT*

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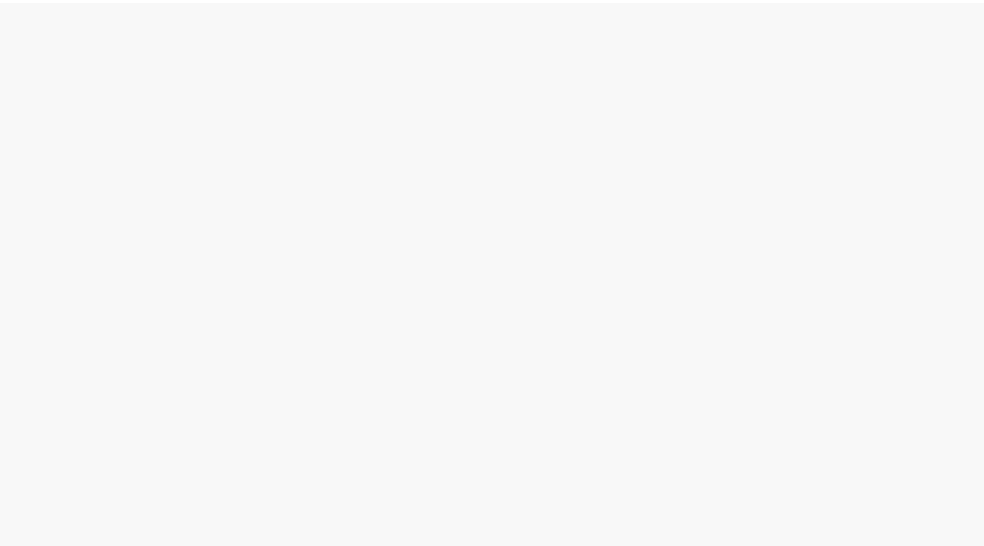
Out for a stroll in my @doyoueven Stealth Camo Leggings ☺ Use code BRITT10 to get 10 % off.

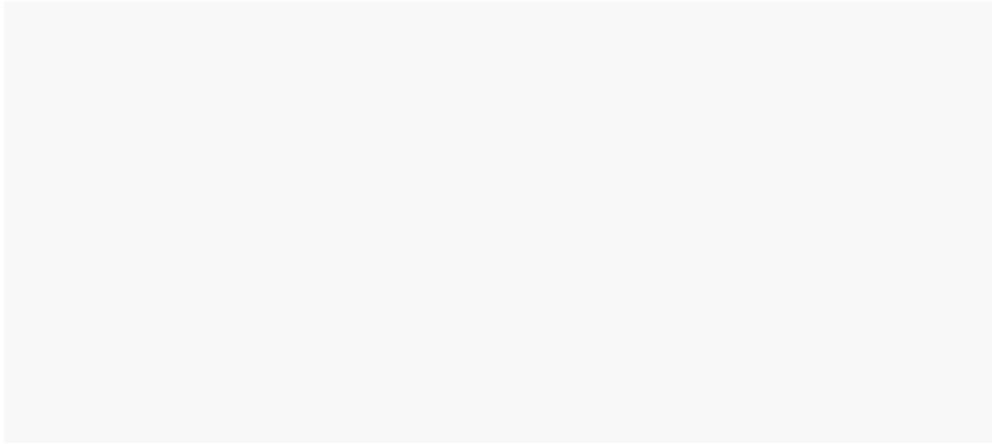
Have a good day y'all! 🐾 #doyoueven #teamdye #fitness #danish #denmark

*A photo posted by B R I T T O L S E N (@miss\_olsen87) on Apr 19, 2016 at 5:14am PDT*

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2013-2016 From 'bikini fitness athlete' to fit thick. Seeing the picture on the left today is not a pleasant sight for me. Back then I loved being shredded and the idea of becoming a bikini pro someday entering the big competitions was everything. My mind was poisoned looking at bikini pros on Social Media every single day. After competing a couple of times (I was my own coach) and feeling the pressure on my own body and soul not to mention the almost impossible struggle to lose the right amount of weight in time, I decided none of it was worth it. It didn't even take me long to figure out a lot of the bikini girls all around the world were using PED's (Performance-Enhancing Drugs) such as illegal fatburners (and NO @shredz fatburners won't get you anywhere) ☺ As the years have gone by I realize how unhealthy and dark sided the sport is... Today I feel so much more alive and confident in my 'fit thick' body even though there's no sight of abs ☺ The sport is getting bigger but unfortunately so is the dishonesty of how to reach the light at the end of the tunnel... #notworthit

*A photo posted by B R I T T O L S E N (@miss\_olsen87) on Apr 10, 2016 at 12:26pm PDT*

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Recently I've received a couple of 'good' deals from different companies. One with detox tea and another with waist trainers. They were actually big companies and if I was only thinking business here I know that not only could I get more followers, but also be able to earn extra money... It's always nice having more followers and it's also nice to earn more money, but I'm not desperate enough to let go of my own moral standards and values just for 'insta-fame.' I can not express how important it is for me to be true to who I am and what I stand for. I feel I owe that to myself and not least to those of you who follow me ☺ I only wish that other girls would think twice before they sign any contracts with these money making companies... #betruetoyourself 📧

*A photo posted by BRITTO LSEN (@miss\_olsen87) on Apr 4, 2016 at 4:13am PDT*

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(h/t [Guy Hut](#))

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